NHS

For more information visit:
primarycaresheffield.org.uk/healthcheck

Don't forget to attend your **FREE** NHS Health Check

NHS HEALTH CHECK

Helping you prevent
diabetes
heart disease
kidney disease
stroke & dementia

PCS Primary Care Sheffield

NHS

- Patients registered in Sheffield aged 40-74 without qualifying underlying health conditions, who have not had a health check in the past 5 years, are eligible for a free NHS health check.

- The check will assess your risk of some of the biggest causes of early death in England such as heart attack and stroke.

- These conditions can often be prevented, even if you have a family history of them.

- It only takes 20-30 minutes and involves a few questions and measurements, including a simple blood test to check your cholesterol.

- After the check you will receive free personalised advice to help you stay healthy

Your NHS Health Check appointment:

Name: ....

....

Date:

Time: ....

With: ....

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