

Mpox Spotted anything?

Mpox is a viral infection that can cause mild symptoms in some people but can make others very sick. There has been a rise in cases of a type of mpox called ‘clade 1’.

If you’ve visited an affected country or had contact with someone who has the virus, it’s important to look out for symptoms to ensure you get access to the right help and help prevent it spreading to others.

Assessment and treatment for mpox is free in the UK.

The symptoms of mpox

The mpox rash is usually made up of blisters, spots or ulcers.

This may take 5-21 days to appear after contact with an infected person.

Early symptoms may include:

- Fever
- Swollen glands
- Early signs of a skin rash

Anyone can catch mpox. It spreads through close person-to-person contact.

What to do if you have symptoms

- Call NHS 111 as soon as you can
- Stay at home and avoid close contact with others until you’ve had medical advice.

Pictures of typical mpox rash



For more information please visit:
nhs.uk/conditions/mpox

