

YOUR HEALTH YOUR CHECK.

Health screening checks at your GP practice can help protect your health and **could save your life**

- ✓ **NHS Health Check (Ages 40-74)**
A check-up to spot the early signs of heart disease, stroke, type 2 diabetes and more.
- ✓ **Cervical Screening (Ages 25-64)**
A simple test that can prevent cervical cancer.
- ✓ **Bowel cancer screening (Ages 50-74)**
A simple and private test at home with a free FIT kit



**All these tests
are free and quick**



Other checks you can ask us about include:

- Abdominal Aortic Aneurysm (AAA)
- Breast cancer
- Diabetic eye screening
- Frailty assessments
- Immunisations
- Checks for Newborns
- Pre-school checks
- Prostate cancer tests
- Sexual health

- If you're invited **BOOK IT**
- Ask at Reception or scan the code for details
www.nhs.uk/conditions/nhs-screening

